

# You Count.... **BE COUNTED!**



If you have completed the 2020 census, **thank you!** If you have not then please do it right now! Infants, students, adults and seniors—**EVERYONE**—needs to be counted so our cities and county can receive our fair share of federal funding. \$10,000 per person is what it's worth to fund programs like school breakfasts & lunches, preschools, meals on wheels, SNAP benefits, schools, shelters, health clinics and more.

**YOU CAN RESPOND TODAY on-line** at [www.my2020census.gov](http://www.my2020census.gov); **by phone** English 1-844-330-2020, Russian 1-844-417-2020 and **by mail** paper questionnaires mailed to homes. Visit [NorcalCensus.org](http://NorcalCensus.org) and [Facebook page](#). Also [www.2020census.gov](http://www.2020census.gov) for more information.

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*Please stay home. Wash your hands frequently. Cough into your arm.*



**Dial 211** for access to COVID-19 information and many other services including mental and physical health care, food access, financial & legal assistance, homeless services, unemployment and more.  
**Dial 311** for COVID-19 (Coronavirus) questions & information. Visit [www.COVID19.saccounty.net](http://www.COVID19.saccounty.net) for COVID dashboard and other information.

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**NEED FOOD?** Call 2-1-1 or visit [www.sacramentofoodbank.org/find-food](http://www.sacramentofoodbank.org/find-food)

**Do you need money for groceries?** **Cal-Fresh** is California's food stamps (SNAP) program. Apply to get up to \$194/month per household member on an EBT card. **Apply online** at [www.mybenefitscalwin.org](http://www.mybenefitscalwin.org) or call the Sacramento County Dept. of Human Assistance 916-874-3100.

